






GHV Elementary School Menus

May/June 2019

MON	TUE	WED	THU	FRI
		1	2	3
		Pork Patty on Bun (32) Fruit Veggies (4) & Hummus (11) Honey & Cinn. Sweet Potatoes (30)	Chicken Parmesan over Pasta (41) Fruit Romaine Salad (2) & Dressing Trio Blend Veggies (11)	Mac & Cheese (24) Fruit Baby Carrots & Celery Sticks (6) Green Beans (5)
6	7	8	9	10
Shredded Pork on Bun (36) Fruit Green Beans (5) Baby Carrots & Celery Sticks (6)	Chicken Broccoli Bowl (57) Fruit Romaine Salad (2) & Dressing	Hamburger on Bun (23) Fruit Sweet Potato Fries (19) Veggies (4) & Hummus (11)	Chicken Fajita & Veggies (22) Fruit Salsa (5) Bean & Corn Salad (24) Tortilla Chips (19)	Meatball Sub (22) Fruit Peas (12) Potato Wedges (17)
13	14	15	16	17
Sub Sandwich (19) & Mayo Fruit Corn (21) Romaine Salad (2) & Dressing	Chicken Nachos (22) Fruit Beans & Rice (21) Salsa, Lettuce & Tomato (6) Baby Carrots & Celery Sticks (6)	Chicken Nuggets (15) & Sauce (16) Fruit Veggies (4) & Hummus (11) Baked Beans (30) Dinner Roll (28) & Margarine	Cheese Pizza (34) Fruit Romaine Salad (2) & Dressing Carrots (6)	Chili (11) Fruit Romaine Salad (2) & Dressing Corn (21) Cinnamon Roll (16)
20	21	22	23	24
Mandarin Chicken (17) over Rice (22) Fruit Romaine Salad (2) & Dressing Green Beans (5) Graham Crackers (19)	Turkey & Cheese Wrap Sandwich Fruit Peas (12) Corn (21)	Pork Patty on Bun (32) Fruit Baked Beans (30) Baby Carrots & Celery Sticks (6)	Taco (28) Fruit Spanish Rice (25) Salsa, Lettuce & Tomato (6) Bean & Corn Salad (24)	GHV-E Track Field Day
27	28	29	30	31
	Chicken Nuggets (15) & Sauce (16) Fruit Veggies (4) & Hummus (11) Baked Beans (30) Cookie (19)	Shredded Pork on Bun (36) Fruit Cranberry-Apple Coleslaw (7) Baby Carrots & Celery Sticks (6)	Chicken Fajita & Veggies (22) Fruit Salsa (5) Bean & Corn Salad (24) Tortilla Chips (19)	Cheese-Filled Breadstick (17) Fruit Tomato Soup (10) Veggies (4) & Hummus (11)
3-Jun	4-Jun	5-Jun	6-Jun	7-Jun
Pork Patty on Bun (32) Fruit Cook's Choice Veggies	Sub Sandwich (38) & Mayo Fruit Cook's Choice Veggies			

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Diabetic/Carb Counting: grams of carbohydrates are listed behind menus items

Offered Daily: