






# GHV High School Menus May/June 2019

MON	TUE	WED	THU	FRI
			<b>1</b>	<b>2</b>
		Pork Patty on Bun (32) Fruit Veggies (4) & Hummus (11) Honey & Cinn. Sweet Potatoes (30)	Chicken Parmesan over Pasta (41) Fruit Romaine Salad (2) & Dressing Trio Blend Veggies (11)	Mac & Cheese (24) (36) Fruit Baby Carrots & Celery Sticks (6) Green Beans (5) Graham Crackers (19) *
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Shredded Pork on Bun (36) Fruit Green Beans (5) Baby Carrots & Celery Sticks (6)	Chicken Broccoli Bowl (57) Fruit Romaine Salad (2) & Dressing	Hamburger on Bun (23) Fruit Sweet Potato Fries (19) Veggies (4) & Hummus (11)	Chicken Fajita & Veggies (22) Fruit Salsa (5) Bean & Corn Salad (24) Tortilla Chips (19)	Meatball Sub (43) Fruit Peas (12) Potato Wedges (17)
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Sub Sandwich (19) (38) & Mayo Fruit Corn (21) Romaine Salad (2) & Dressing	Chicken Nachos (22) Fruit Beans & Rice (21) Salsa, Lettuce & Tomato (6) Baby Carrots & Celery Sticks (6)	Chicken Nuggets (15) & Sauce (16) Fruit Veggies (4) & Hummus (11) Baked Beans (30) Dinner Roll (28) & Margarine	Cheese Pizza (34) Fruit Romaine Salad (2) & Dressing Carrots (6)	Chili (11) (16) Fruit Romaine Salad (2) & Dressing Corn (21) Cinnamon Roll (16) Saltines (21) *
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Mandarin Chicken (17) over Rice (22) Fruit Romaine Salad (2) & Dressing Green Beans (5) Graham Crackers (19)	Turkey & Cheese Wrap Sandwich Fruit Peas (12) Corn (21) Pretels (16) *	Pork Patty on Bun (32) Fruit Baked Beans (30) Baby Carrots & Celery Sticks (6)	Taco (28) Fruit Spanish Rice (25) Salsa, Lettuce & Tomato (6) Bean & Corn Salad (24)	Philly Beef Sandwich (16) Fruit Trio Blend Veggies (11) Carrots (6)
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
	Chicken Nuggets (15) & Sauce (16) Fruit Veggies (4) & Hummus (11) Baked Beans (30) Cookie (19)	Shredded Pork on Bun (36) Fruit Cranberry-Apple Coleslaw (7) Baby Carrots & Celery Sticks (6)	Chicken Fajita & Veggies (22) Fruit Salsa (5) Bean & Corn Salad (24) Tortilla Chips (19)	Cheese-Filled Breadsticks (34) Fruit Tomato Soup (10) Veggies (4) & Hummus (11)
<b>3-Jun</b>	<b>4-Jun</b>	<b>5-Jun</b>	<b>6-Jun</b>	<b>7-Jun</b>
Pork Patty on Bun (32) Fruit Cook's Choice Veggies	Sub Sandwich (38) & Mayo Fruit Cook's Choice Veggies			

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Diabetic/Carb Counting: grams of carbohydrates are listed behind menu items

**Offered Daily:**

Choice of Milk: Skim, 1%, Chocolate Skim or Strawberry Skim

Additional Serving of Plain Vegetable and/or Fruit

Cheese Sandwich, String Cheese, Yogurt Cup OR Sunbutter & Jelly Sandwich may substitute for menu entrée