

GHV

GARNER - HAYFIELD - VENTURA

HAPPENINGS

www.ghvschools.org

FEBRUARY/MARCH 2020

VOL. 47 NO. 4



School Board Meetings

The upcoming Garner-Hayfield-Ventura School Board meetings will be held as follows:

- Monday, February 10, 2020, 6:30 pm
- Monday, March 9, 2020, 6:30 pm

The meetings will be held in the high school media center. Visitors are welcome to attend.

ATTENTION: Parents of Children Who Will Be 4 Years Old By September 15, 2020.

We are now taking names for our 4-year-old preschool program. Your child must be 4 years old by September 15, 2020, to attend.

4-year-old preschool is held four days a week: Monday, Tuesday, Thursday, and Friday. The limit is 20 students per class. We have a morning and an afternoon section. Any students that are on our bus routes and plan to ride the bus will attend the morning class unless you specify differently.

There will be a parent meeting in the spring for all preschool parents. Please watch for information in the next newsletter. Please call the GHV Elementary School office at 641.923.2831 to register your child.

Reminder for Iowa School Alerts Sign Up

As we are well into the “weather-related delays and cancellations” season, please make sure that you are signed up to receive emails and/or text messages for school- and sports-related notifications. If you are not already signed up to receive these notifications, you will want to sign up using the following link: https://public.govdelivery.com/accounts/IAEDU2403/subscriber/new?gsp=CODE_RED



You can also visit our school website or GHV mobile app to sign up for the free service.

- **Website** (www.ghvschools.org): under “District Information” > “Iowa School Alerts Sign Up”
- **GHV Mobile App**: under “Quick Links” > “Iowa School Alerts”

PLEASE NOTE: If you are already receiving these notifications, you do NOT need to sign up again.



NEW GHV Mobile App

GHV is excited to share that we have a new GHV Mobile App!

It can be found in both the App Store and Google Play. <http://siap.ps/7fa940>.

PLEASE NOTE: Installing the new GHV Mobile App does NOT give you emails and/or texts regarding weather-related delays and cancellations....you must sign up with Iowa School Alerts to receive those notifications (see above).

GHV MISSION STATEMENT

To prepare students for a successful future in a kind, caring, and compassionate way.

Substitute Paraprofessionals & Custodial Staff NEEDED

Garner-Hayfield-Ventura CSD is looking for paraprofessional and custodial substitutes. For a paraprofessional substitute, no specific certification is required. We invite any age, male or female, to apply. Hours will vary depending on which area you are subbing. If you think this could be for you, please call and inquire at any of our buildings.

Custodial staff hours and building will vary, depending on the need. We invite anyone that may be interested to contact **Kris Hanson**, Director of Maintenance, at 641.923.2718.

GHV PS-4th Substitutes – Doris Dallman - 924.2351

GHV 5th-8th Substitutes – Vicky Olson - 829.4484

GHV HS Substitutes – Beth Hawe - 923.2632

Food Service Substitutes – Kathy Zobrist - 924.2356

Maintenance Substitutes – Kris Hanson - 923.2718

Nurse Substitutes – Bonnie Hiscocks - 924.2355

Paraprofessional Substitutes – Doris Dallman - 924.2351

Transportation Substitutes - Kevin Hanson – 923.2431

All new substitutes will need to stop at the Superintendent's Office for a background check and to fill out employment paperwork.

MARK THE DATES:

- **Mother-Son Dance** - Saturday, March 7, 2020, at GHV Elementary.
- **Father-Daughter Dance** - Saturday, March 28, 2020, at GHV Elementary.

Get to Know Your GHV Wellness Program...

Our Student Wellness Plan supports the health and well-being of our students in a variety of ways. Each of our school buildings is registered as a 5-2-1-0 Healthy Choices Count! Site. Help your student live 5-2-1-0 by encouraging the following every day:

- **5 or more servings** of fruits and vegetables
- **2 hours or less** of screen time
- **1 hour or more** of physical activity
- **0** sugary drinks & encourage more water

Winter weather can make it tough to live 5-2-1-0! Screen time can surge when it's cold out and kids and teens often turn to TV, computers and video games for entertainment. Parents can help by being good role models in setting and enforcing limits for screen time (less than 2 hours a day).



Indoor activity ideas:

- Read a book from the library. Consider an incentive for finishing the book by a certain time.
- Play a board game or complete a puzzle.
- Write and mail letters to family and friends.
- Create and perform a dance routine to a favorite song.
- Work on an arts and crafts project.
- Make an indoor fort using boxes and blankets.

Outdoor activity ideas (weather permitting):

- Go sledding.
- Build a snowman or make snow angels.
- Build a snow fort.
- Challenge your siblings or friends to a snowball fight.
- Go for a nature walk.
- Make snow paint. Just add food coloring to water and put in a spray or squirt bottle.

Follow this link to learn more about 5-2-1-0 Healthy Choices Count!

<http://www.iowahealthieststate.com/resources/individuals/5210/why5210works/>

If you are interested in learning more about GHV's Wellness Policy or the activities of the wellness committee, please visit our web page at

<https://ghvschoolnutrition.weebly.com/wellness.html> or contact **Kathy Zobrist**, School Nutrition Director at kzobrist@ghvschools.org

Meal Accounts

By Kathy Zobrist, School Nutrition Director

Did you know you can check meal charges and make deposits to your family meal account in JMC? Simply log in on the web page <https://cardinals.onlinejmc.com/> by choosing the "Parents" icon. The username is your last name. If you need to have your account password reset, please contact the District Office at 641.923.2718.

Once you're logged in on JMC, choose "Lunch" from the menu on the left side of the screen. From there you will be able to view the charges for each person on your family account. If you need to make a deposit to the account, there is a link at the top of the page that will take you to your PaySchools account. Please note that account deposits should be made by 9:00 am to ensure the funds will be available for lunch.

School Pictures

On **Thursday, February 27th, 2020**, the Elementary school, grades PS-4, will have spring pictures taken. Please watch your child's take-home items for upcoming details.

There are no retakes done for spring pictures.



Eighth Grade Transition Night

Eighth graders and parents/guardians in the Garner-Hayfield-Ventura Schools are encouraged to attend the **Transition to High School Program**, which has been scheduled for **6:30 pm on Monday, March 16, 2020**, in the GHV High School Auditorium. Handouts will be provided to both 8th graders and parents.

Prior to the Transition Night, eighth-grade students will have an opportunity to visit high school classrooms.

On Friday, March 13th, eighth-graders will spend the afternoon at the high school to explore elective courses.

Individuals needing additional information are encouraged to contact **Mr. Newton**, GHV Middle School Counselor, at 641.829.4484; or **Mrs. Bierle**, High School Counselor, at 641.923.2632.



First-Ever GHV Family Fit Night!

GHV health department will be hosting our very 1st Family Fit Night!

Come learn some new ways your family can stay active, have a healthy snack, and enjoy a family night out together. More details to come. Mark your calendar for **Thursday, February 27, 2020, from 5:45-7:00 pm**.

Non-Discrimination Policy Statement

It is the policy of the Garner-Hayfield-Ventura Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator: **Jim Haag**, GHV High School Principal, 605 Lyon Street, Garner, Iowa 50438, 641.923.2632, jhaag@ghvschools.org.



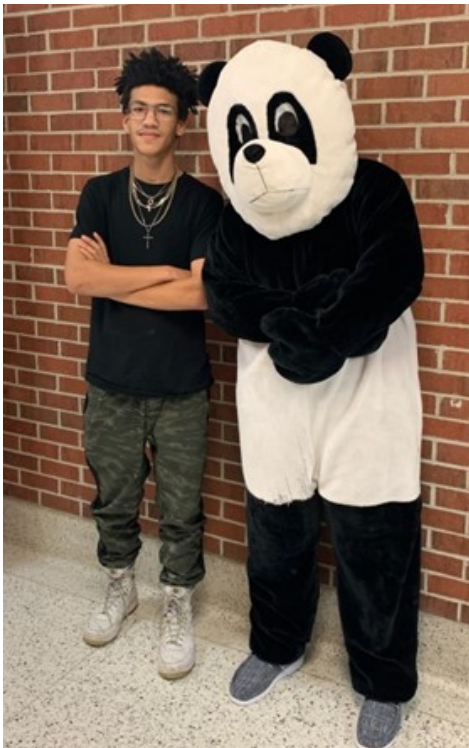
G A R N E R A S S E T P R O J E C T

*February /
March
2020*

RAOC Panda At It Again

Our RAOC Panda was up to **good** again, this time at the GHV basketball games on Friday, January 10.

Faith Primrose, a member of our RAOC group, volun-



teered to wear the panda costume to share kindness through high fives, hugs and passing out candy.



Random Acts of Coolness

is a group open to all GHV 9-12 grade students that focuses on helping to build respect in our high school and community. They are the leaders in the school who demonstrate respect and kindness.

Social norm campaigns such as **Random Acts of Coolness** are based on Social Norm theory which states that people base their own behavior on what they



perceive is the norm in a group of which they are members or hope to become members. When individuals perceive that their peers are making healthy choices as it relates to **respect**, for example, they are more likely to make those same healthy choices for themselves.

GAP Meetings

12 - 1 pm

Lunch provided

Everyone is welcome!

Next Meeting:

Thurs. Feb. 13

United Methodist Church
885 Maben Ave.

The Garner Asset Project is a vibrant and active network of people who seek to make our communities healthier and safer - especially for children.

DID YOU KNOW:

E-cigarettes may lead to negative health consequences such as:

- Cancerous tumor development
- Preterm deliveries and stillbirths in pregnant women
- Harmful effects on brain and lung development

KNOW

VAPE



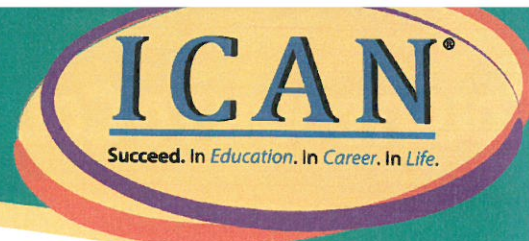
DID YOU KNOW:

E-cigarettes come in a variety of shapes and sizes and may not look like a tobacco product, which can make them hard to spot.

DID YOU KNOW:

Most e-cigarettes contain nicotine, the same highly addictive drug in cigarettes. Some e-cigarettes may contain as much nicotine as a pack of 20 regular cigarettes.

JUNIOR COUNTDOWN TO COLLEGE CALENDAR



Visit www.ICANSucceed.org/apt or call (877) 272-4692 to schedule an appointment to create a plan for career and college, as well as financial aid.



March

- It's time to schedule college visits. Revisit your career assessment results and schedule visits with schools that meet your career and budget needs. During each college visit, meet with the admissions and financial aid offices. Download a helpful checklist at ICANSucceed.org/materials.
- Find out about scholarships offered by your place of worship, civic, and business groups in career fields that interest you. Continue your search.
- If you plan to take the May SAT® register now. Visit Chegg.com for test prep tools and resources.
- Check out your Return on Investment, visit iowastudentloan.org/ROCItool.

April

- If you take AP courses, consider AP exams.
- When visiting colleges take notes to help you determine your likes and dislikes, and highlight what is most important to you. Download the *Campus Visits worksheet* for questions to ask and departments to visit at ICANSucceed.org/resourcezone.
- Compare your impressions of each college and rank them according to preference.
- Register now for the June ACT® or SAT®.
- Visit Raise.Me and update your profile to earn scholarship dollars for your college planning activities and daily classes.

May

- Narrow your college choices to five or fewer and highlight the important features at each. Make a second visit if necessary.
- Take AP exams if you need to.
- Consider taking a summer course at a local college.
- Find a summer job related to your career interest or do community service.
- Polish your resume; if required, assemble writing samples, a portfolio, or audition DVD.

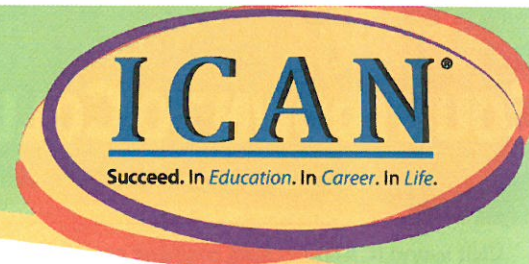
June

- Schedule campus visits for colleges you haven't seen yet.
- Begin completing private scholarship applications.
- Save your summer earnings to pay for college.
- Serve your community — grades aren't the only thing colleges evaluate.
- Prospective student athletes: Ask your school counselor to send an official transcript to the NCAA Eligibility Center.

July

- Obtain and review college admission applications.
- Prepare for your senior year.
- Consider which teachers, employers or other adults you'll ask to write letters of recommendation.
- Create a spending plan. It's easy to get in over your head. Talk with your parents to consider your options or learn more at ICANSucceed.org/budgeting.

SENIOR COUNTDOWN TO COLLEGE CALENDAR



Visit www.ICANSucceed.org/apt or call (877) 272-4692 to schedule an appointment to create a plan for career and college, as well as financial aid.



March

- Visit an ICAN Center to review and compare financial aid packages from colleges. An advisor will analyze your packages using the *College Funding Forecaster* and help you determine the best financial option. You can also download the *Compare College Costs* worksheet from the ICAN Resource Zone.
- Finalize your www.Raise.Me activities to maximize your scholarship potential.
- Ask your school counselor about local scholarships.

April

- Decision Day is May 1.** Decide which college you'll attend. Send the required deposit, and sign and return the financial aid award letter, if required. Note other important deadlines.
- Tell other colleges you won't be attending.
- If you're securing a student loan, complete the required promissory note and entrance counseling.
- Begin making plans for a summer job.
- Analyze your award letters using College Funding Forecaster - iowastudentloan.org/forecaster Visit icansucceed.org/apt to schedule an appointment.

May

- Take any AP®/CLEP® exams you can.
- Finalize your summer job plans.
- Ask your school counselor to send your final transcript to the college you'll be attending.
- Return all necessary documents, including financial aid forms, to your college.

Congratulations on your high school graduation!

June

- Notify the college about scholarships you received.
- Save money to help with college expenses.
- Attend orientation sessions to meet people, get familiar with campus and register for classes.
- Prepare a personal budget for college and review it with your parents.

July

- Check out our "College Packing List" to help make packing less of a chore, visit ICANSucceed.org/materials. Contact your roommate and decide who's bringing what so you don't double up.
- Thank your family and friends for their support.
- Continue your success in college; follow ICAN on Facebook & Twitter for continued tips and support.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
						TIC WR@Osage 5:30pm - JV/V Hockey@Nla
2	3	4	5	6	7	8
	4:15pm - 7/8 WR (H) Garner 5pm - Dem. Caucus- 6:30pm - JVV B BB(H) WF	4:15pm - 7 GBB (H) FC 4:15pm - 8 GBB @ FC	1 Hour Early Dismissal 1 Hour Early Dismissal 1 Hour Early Dismissal IHSMA Show Choir Fest.	7:45am - RAOC Mtg 4pm - JV/V G/B BB@CL 4:15pm - 7 GBB @ LM 4:15pm - 7/8 WR @ FC 4:15pm - 8 GBB (H) LM	4pm - JV/V G/B BB@NU	ACT Test State LG Speech Wrestling Sectionals-TBA 7pm - JV/V Mohawk
9	10	11	12	13	14	15
12pm - JV/V Mohawk	State Jazz Choir 6:30pm - School Bd 6:30pm - School Bd 6:30pm - JVV B BB@EG 6:30pm - School Bd	BB/Cheer Senior Night 4pm - JV/V G/B BB(H)EG 4:15pm - 7 GBB @ BK 4:15pm - 7/8 WR @ WH 5:15pm - 8 GBB @ BK	1 Hour Early Dismissal 1 Hour Early Dismissal 1 Hour Early Dismissal 2:30pm - Teen Council Mtg. 7pm - G Reg BB@TBD	12pm - GAP@U Meth 4:15pm - 7 GBB @ EG 4:15pm - 8 GBB (H) EG	B BB Booster Tourney B BB Booster Tourney B BB Booster Tourney	1:30pm - JV/V Mohawk 7pm - G Reg BB@TBD
16	17	18	19	20	21	22
	B Dist. BB@TBD NCIBA Dist. Jazz Fest.@TBD 4:15pm - 7 GBB (H) WH 4:15pm - 8 GBB @ WH	4:15pm - 7/8 GBB @ NI 4:15pm - 7/8 WR @ BK 6pm - JV/V Mohawk 7pm - HS Pops Concert	G Reg BB @ TBD No School - Teacher Prof. No School - Teacher Prof. No School - Teacher Prof.	State Wrestling B Dist. BB@TBD UNI Jazz Festival@UNI 7:45am - FCA Meeting	9pm - JV/V Mohawk	G BB Booster Tourney G BB Booster Tourney G BB Booster Tourney LG Speech Fest. 7pm - G Reg. Finals BB @
23	24	25	26	27	28	29
		4:15pm - 7/8 WR @ LM 7pm - B Dist. BB@TBD	1 Hour Early Dismissal 1 Hour Early Dismissal 1 Hour Early Dismissal	5th/6th Honor Choir 7:45am - RAOC Mtg	ACT Reg. Deadline (Apr)	Dist. Ind. Speech 1:30pm - JV/V Hockey@Nla 7pm - B BB Substate@TBD

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9am - JV/V Mohawk	2 7pm - HS Band Concert	3 7pm - 7&8 Jazz Band/Vocal	4 1 Hour Early Dismissal 1 Hour Early Dismissal 1 Hour Early Dismissal	5 7:45am - RAOC Mtg	6 8:25am - NHS Tapping	7 Mother/Son Dance Mother/Son Dance
8	9 6:30pm - School Bd 6:30pm - School Bd 6:30pm - School Bd 7pm - NHS Induction	10	11 1 Hour Early Dismissal 1 Hour Early Dismissal 1 Hour Early Dismissal 2:30pm - Teen Council Mtg.	12 12pm - GAP@ StPaul 7pm - 4th Gr Concert	13 End 3rd Qtr End 3rd Qtr End 3rd Qtr	14 State Ind. Speech
15	16 1st Day of B Soc, G Golf Begin 4th Qtr Begin 4th Qtr Begin 4th Qtr 6:30pm - 8thGr Transition	17 NIACC Class/FCS Kitchen 7:30am - Farm Bureau/FFA 4:30pm - P-T Conferences 4:30pm - P-T Conferences 4:30pm - P-T Conferences	18 1 Hour Early Dismissal 1 Hour Early Dismissal 1 Hour Early Dismissal	19 7:45am - FCA Meeting 4:30pm - P-T Conferences 4:30pm - P-T Conferences 4:30pm - P-T Conferences	20 5:30pm - 4H Family Fun	21
22	23 1st Day of G Soc B Soc Scrim@Spencer	24 7pm - 5-12 Band Bonanza	25 1 Hour Early Dismissal 1 Hour Early Dismissal 1 Hour Early Dismissal	26 7:45am - RAOC Mtg 7pm - FFA Banquet	27 Father/Daughter Dance Father/Daughter Dance	28
29	30 Ind. All State Speech Fest.	31	1 1 Hour Early Dismissal 1 Hour Early Dismissal 1 Hour Early Dismissal	2	3	4