

Local Wellness Policy Progress Report

School Name: Garner-Hayfield-Ventura CSD

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This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal.

District Wellness Policy Goals <i>(add more lines for goals as needed)</i>	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Nutrition Education and Promotion Goals					
1. Promote classroom instruction and educational learning activities, specifically participatory activities, which focus on nutrition.	x			Health Fair held SY18-19 (with p/t conferences) Greenhouse built at HS SY17-18. Health Classes - GHV-E Time blocked off every week for health education Rec'd grant funds to start "Try Day" Fridays at GHV-E and GHV-MS	Plan nutrition education activities as part of health curriculum for Elementary school. Explore lessons/activities for Elementary students that involve the HS greenhouse and Foods class(es). HS /JR High FCS & Foods class - Utilize HS Foods students to provide nutrition education activities at parent-teacher conferences Plan "Try Day" Fridays throughout SY19-20

2. Achieve Bronze Level recognition for the 5-2-1-0 Healthy Choices initiative	x (SY 18-19)	x (SY 19-20)		Submitted application. Ordered posters to promote.	Add content to school newsletters.
3. Achieve "Team Nutrition School" status for each school building		x		Completed for GHV-E	Complete application process for middle and high school buildings
Physical Activity Goals					
1. Daily recess provided for elementary students	x			Daily recess is a minimum of 20 minutes daily	
2. Physical activity encouraged for students who do not receive daily recess	x			Collecting contract forms for SY19-20 Organized before school physical activities at GHV-HS. Plan nutrition/health/ fitness challenges for students for SY18-19 - Challenges started in Spring 2019	Use "Activity Contract" for students in grades 7-12 in order to encourage physical activity in addition to physical education time
3.					

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Other School Based Activities Goals					
1. Meals served are appealing and attractive; offer a variety of fruits and vegetables		x		Self-serve Yogurt Bar with fruit is available weekly at middle and high schools. New or modified serving line equipment is needed to offer add'l self-service options for fruits/vegetables; funding support is a barrier to pursuing at this time.	Identify funding support
2. Encourage meal participation by increasing grab & go reimbursable meal options.		x		"Meal" options drafted; trialed concept with cold lunches for groups of elem and alt. school students in October.	HS - Move lunchroom tables/microwaves; purchase display cooler
3. Communicate with parents regarding providing students with a healthy diet and daily physical activity.			x		Plan "Family Fit Night"
Standards and Nutrition Guidelines for All Foods and Beverages Sold to Students During the School Day (e.g. vending, school stores, etc.)					
1. All foods and beverages sold individually outside the reimbursable meal programs, including those sold through a la carte lines, vending machines and sales food (fundraising activities) during the school day, will meet federal and state nutritional standards.				Vending machine items reviewed to ensure Smart Snack guideline compliance annually (and checked periodically throughout year)..	

2.					
Standards for All Foods and Beverages Provided (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.					
1. Food and beverages made available to students during the school day are encouraged to meet nutritional standards.	x			<p>Compiled suggested snack list complete with smart snacks. List is available on Nutrition Program web page.</p> <p>Classroom Treats available for online ordering.</p>	Include information about Smart Snacks in Handbook.
2.					
Policies for Food and Beverage Marketing					
1. Market food in school in a manner consistent with nutritional education and health promotion.	x			<p>Developed process for approval of foods available to students during the time of 0001-1600 (fundraisers, concession stands, etc.)</p> <p>Communicated process to administration team.</p> <p>SY18-19 Created posters showcasing students and healthy food choices.</p>	Rotate posters between schools.
2.					