

# Garner - Hayfield - Ventura High School Lunch Menu

September  
2023

Daily selection of fresh fruits & seasonal vegetables

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p><b>1</b></p> <p>Taher Pizza Parlor BBQ Chicken Sandwich Pretzel Bites Yogurt Pak Munchable</p> <p>Steamed Peas Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>
<p><b>4</b></p> <p>NO SCHOOL- LABOR DAY!</p>	<p><b>5</b></p> <p>Sloppy Joe on a Bun Beef Hot Dog on a Bun Pepperoni, Sausage, or Cheese Pizza Chicken Caesar Wrap Kettle Potato Chips Baked Beans Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>6</b></p> <p>French Toast or Waffle Sticks Sausage Patty Hot Ham &amp; Cheese Panini Chicken/Bacon/Ranch, Pepperoni, or Cheese Pizza Chicken Caesar Wrap Roasted Asparagus Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>7</b></p> <p>Orange Chicken Fried Rice Chicken Potstickers Sausage/Pepperoni, Deluxe, or Cheese Pizza Chicken Caesar Wrap Stir Fry Vegetable Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>8</b></p> <p>Turkey Piegga Corn Dog Pizza Parlor Chicken Caesar Wrap Garlic &amp; Herb Broccoli Fresh Vegetable Selection Fresh/ Canned Fruit Selection Fresh Grapes</p>
<p><b>11</b></p> <p>Spicy or Regular Chicken Patty Cheeseburger on a Bun BBQ Chicken, Pepperoni, or Cheese Pizza Harvest Chicken Salad Mini Rice Krispie Treat Glazed Carrots Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>12</b></p> <p>Beef Chili w/ Homemade Cheddar Cornbread Grilled Cheese Sandwich Pepperoni, Sausage, or Cheese Pizza Harvest Chicken Salad California Blend Vegetable Banana Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>13</b></p> <p>Crispy Chicken Tenders Whole Grain Dinner Roll Cubano on a Sub Roll Chicken Alfredo, 3 Meat, or Cheese Pizza Harvest Chicken Salad Steamed Corn Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>14</b></p> <p>Walking Taco Bean &amp; Cheese Quesadilla Supreme, Sausage/Pepperoni, or Cheese Pizza Harvest Chicken Salad Ranch Black Beans Pineapple Radish Pico Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>15</b></p> <p>Taher Pizza Parlor Fish Sandwich with Cheese Harvest Chicken Salad</p> <p>Peas &amp; Carrots Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>
<p><b>18</b></p> <p>Macaroni &amp; Cheese Garlic Breadstick Chicken Bacon Alfredo Flatbread Deluxe, Buffalo Mac &amp; Cheese, or Veggie Pizza Ham and Turkey Sub Mixed Vegetables Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>19</b></p> <p>Carnita Nachos Chicken &amp; Cheese Quesadilla Taco, Pepperoni, or Cheese Pizza Ham and Turkey Sub Refried Beans Fresh Pear Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>20</b></p> <p>Crispy Chicken Nuggets Tater Tots Hot Ham and Cheese on a Bun Buffalo Chicken, Pepperoni, or Cheese Pizza Ham and Turkey Sub Chef's Choice Veggie Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>21</b></p> <p>Breakfast Sandwich Pancake on a Stick Pepperoni, Sausage, or Cheese Pizza Ham and Turkey Sub Breakfast Potatoes Fresh Pear Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>22</b></p> <p>Baked Potato Bar BBQ Pulled Pork on Pretzel Bun Taher Pizza Parlor Ham and Turkey Sub Steamed Broccoli and Cauliflower w/ Cheese Sauce Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>
<p><b>25</b></p> <p>Sweet and Sour Meatballs Brown Rice Spicy Chicken Patty on Bun Chicken/Bacon/Ranch, Pepperoni, or Cheese Pizza Beef Taco Salad Fresh Vegetable Selection Fresh/ Canned Fruit Selection Fresh Grapes</p>	<p><b>26</b></p> <p>Meatloaf Fish Sticks 4 Meat, Sausage/ Pepperoni, or Cheese Pizza Beef Taco Salad Mashed Potato w/ Gravy Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>27</b></p> <p>Italian Pasta Bake Garlic Toast Italian Dunkers w/ Sauce Pepperoni, Sausage, or Cheese Pizza Beef Taco Salad Roasted Italian Vegetables Fresh Vegetable Selection Fresh/ Canned Fruit Selection Fresh Grapes</p>	<p><b>28</b></p> <p>Pancakes w/ Syrup Scrambled Egg Beef Hot Dog on a Bun Breakfast, Pepperoni, or Cheese Pizza Beef Taco Salad Ranch Potato Wedges Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>	<p><b>29</b></p> <p>Bacon Cheeseburger on a Bun BBQ Rib Sandwich Taher Pizza Parlor Beef Taco Salad Baked Beans Fresh Grapes Fresh Vegetable Selection Fresh/ Canned Fruit Selection</p>

PRICES

TK-4	\$2.80
5-8	\$3.00
9-12	\$3.05
Adult Lunch	\$4.15
Extra Entree	\$2.00

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.

For questions or comments, contact:  
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HARVEST OF



THE MONTH



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