



Garner-Hayfield-Ventura CSD Breakfast Menu

September
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This is for Food 4 Thought		31	1 Cinnamon twist Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	2 Yogurt Parfait with Fruit & Granola Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
5 Brekkie Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	6 Chocolate Chip Muffin Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	7 Chocolate Frosted Long John Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	8 Breakfast Bowl Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	9 Mini Eggo Waffles Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
12 Cheesy Ham Melt Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	13 Blueberry Loaf Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	14 Coffee Cake Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	15 Mini-Cinnis Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	16 Breakfast Burrito Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
19 Breakfast Flatbread Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	20 Baked Ham Breakfast Potatoes Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	21 Plain Bagel Cream Cheese Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	22 Cheesy scrambled eggs Banana Choc Chip Muffin Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	23 Biscuits & Gravy Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
26 Mini Pancakes Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	27 Breakfast Sandwich Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	28 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	29 Cinnamon Roll Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	30 Yogurt Parfait with Fruit & Granola Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk

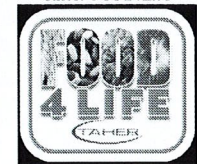
PRICES	Student Breakfast	\$1.85
	Adult Breakfast	\$2.65

EXTRA INFO

For questions or comments, please contact:
Liz Blockhus -Food Service Director
taherfoodservice@ghvschools.org



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